



MEMORIAL HOSPITAL'S The LAMP QUARTERLY NEWSLETTER

Vol. 2 Issue 1 - January 2021

COVID-19 Vaccination Has Begun



Kathy Winkler, Director of Pharmacy, receives her 1st COVID-19 vaccine from Adrienne Cabry, RN

Memorial Hospital received its first shipment of COVID-19 vaccines from Pfizer on December 16, 2020. The Illinois Department of Public Health (IDPH) worked with the Randolph County Health Department to distribute the first round of vaccines to the area. Randolph County Sheriff Department's Chief Deputy, Jarrod Peters, escorted Randolph County Health Department Public Health Administrator,

Angela Oathout, from the vaccine pick-up at Memorial Hospital, Belleville on December 16th and rushed the chilled vaccines to all three hospitals in Randolph County. They arrived at Memorial Hospital in Chester around 3:45pm and the first vaccine was administered to Dr. Barbara Ellzy, Memorial's ER Provider, at 4:30pm. Memorial Hospital's vaccination team began administering the doses to front-line workers who had voluntarily requested to receive it. Twenty-five providers, nurses, and hospital employees received their vaccinations that day, within an hour. Vaccinations for Memorial Hospital employees continued that Thursday and Friday. All persons at Memorial Hospital who wanted to be vaccinated, and were able, were administered their first dose. Additional vaccines were distributed throughout the community to other front-line healthcare workers and first responders. Those who received their first doses during the first round have since received their second.

As the vaccine supply increases in Randolph County, the priority populations in the community are being schedule to start receiving their vaccinations. As more information on vaccine availability for the public becomes available, the Health Department, hospitals, and clinics continue to update the community. At this time, Memorial Hospital, Red Bud Regional Hospital, and Sparta Community Hospital are working with the Randolph County Health

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NEW MSU IS NOW OPEN

Read the full story on
pages 8 & 9

Take a Virtual Tour
Link on page 9



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Upcoming events:

COMMUNITY BLOOD DRIVE
February 17 | 12:45pm-5:45pm
Location: American Legion, Chester, IL

March 16 | 1:00pm-6:00pm
Location: VFW, Chester, IL

Follow our [Facebook Page](#) for more information on how to schedule your appointment.

WEIGHT LOSS GROUP
Need help managing your prediabetes, diabetes, or weight loss?

Ask to join the Memorial Hospital Weightloss Facebook Group at: www.facebook.com/groups/MHweightloss

CALL FOR HELP (callforhelpinc.org)
Sexual Assault Awareness Group. Visit their Facebook Page for more information: www.facebook.com/callforhelporg

NAMI SUPPORT GROUP (www.namiswi.org)
Visit their Facebook Page for on-line events and sessions: www.facebook.com/NAMISouthwesternIllinois

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COVID-19 Vaccination Has Begun

Department through direction of IDPH to begin administering the vaccine to those over 65 years of age throughout Randolph County. The hospitals are currently vaccinating those 85 and older and will work their way down their lists to those of 65 years. To sign-up yourself or a loved one for the vaccine please contact your affiliated hospitals via the following:

Memorial Hospital of Chester

618-826-458 or sign-up online at www.mhchester.com/covidvax

Sparta Community Hospital

Coulterville Medical Clinic | 618-758-2331
Family Health Centre | 618-443-3084
Marissa Medical Clinic | 618-295-1591
North Campus Clinic | 618-443-4138
Sparta Medical Office | 618-443-4889
Steeleville Clinic | 618-965-3466

Red Bud Regional Hospital

618-282-5165 or sign-up online at redbudanytime.com

Is the COVID-19 vaccine safe?

The U.S. vaccine safety system ensures all vaccines are as safe as possible. Safety is a top priority. Currently, clinical trials are evaluating investigational COVID-19 vaccines with many thousands of study participants to generate scientific data and other information for the FDA to determine their safety and effectiveness.

Get Answers to Your Questions:

Illinois Department of Public Health (IDPH) : www.dph.illinois.gov

Centers for Disease Control and Prevention (CDC): www.cdc.gov



Jarrod Peters, Randolph County Chief Deputy; Amy Kloos, Pharmacist; Kathy Winkler, Director of Pharmacy; Angela Oathout, Randolph County Health Dept., Public Health Administrator; and Brett Bollmann, CEO check-in the first delivery of Pfizer COVID-19 Vaccines to Memorial Hospital in Chester.



Valerie Blechle, APN, FNP-BC receives her first vaccine dose from Jill Arbieter, RN

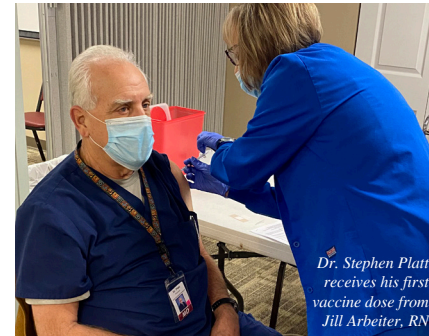
We encourage you to get your vaccination when it is your turn!
View our video of encouragement here: youtu.be/T5sLjOK16p0



The precious cargo of Pfizer COVID-19 vaccines and supplies received a Sheriff's escort from Peoria, Illinois



Dr. Lisa Lowry-Rohlfing



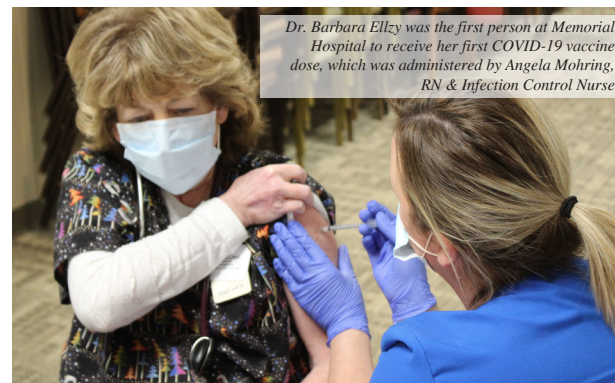
Dr. Stephen Platt receives his first vaccine dose from Jill Arbeiter, RN



Angela Albertini, PA-C receives her vaccine from Amy Mathis, RN.



Vicki Hamer, RN, receives her first vaccine dose from Adrienne Caby, RN



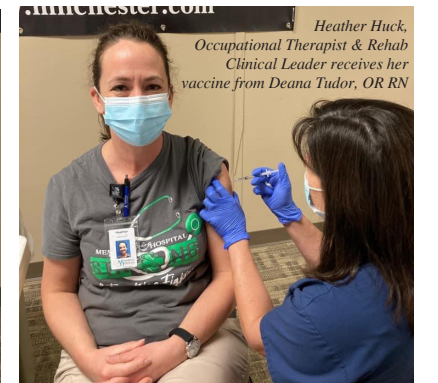
Dr. Barbara Elky was the first person at Memorial Hospital to receive her first COVID-19 vaccine dose, which was administered by Angela Mohring, RN & Infection Control Nurse



Angie Schoenbeck, RN House Supervisor



Deb Herring, Pharmacy Tech.



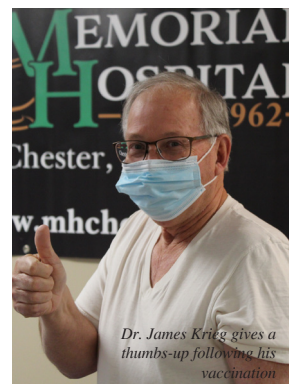
Heather Huck, Occupational Therapist & Rehab Clinical Leader receives her vaccine from Deana Tudor, OR RN



Chris Barthol, Pharmacy Tech., shows off her vaccination card.



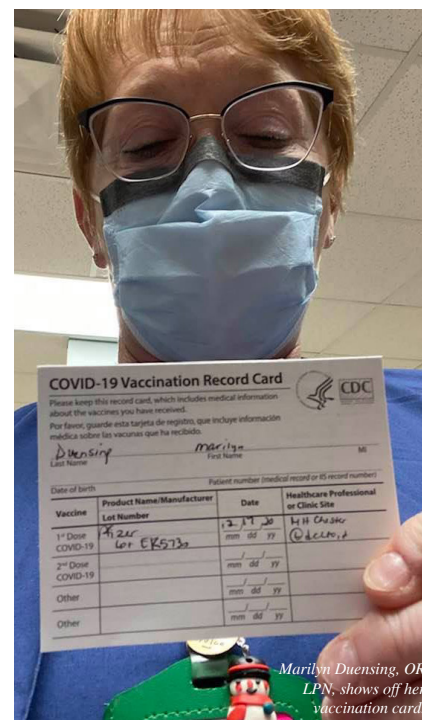
Gretchen Kocian, Lab Tech.



Dr. James Krieger gives a thumbs-up following his vaccination



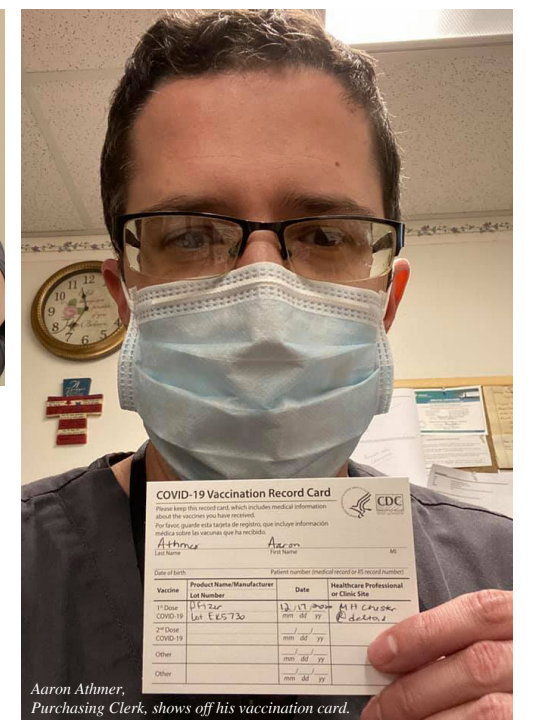
Chris Goetz, CNA



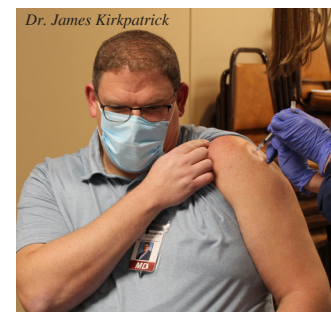
Marilyn Duensing, OR LPN, shows off her vaccination card.



Janet Bargman, Clinical Assistant



Aaron Athmer, Purchasing Clerk, shows off his vaccination card.



Dr. James Kirkpatrick



Deb Mevert, OR Nurse Manager.



Carol Schulin, Storeroom Manager



Tia Reid, Director of Dietary

MEMORIAL HOSPITAL

—Since 1962—

RURAL HEALTH CLINICS

FAMILY HEALTH CARE

Newborn Through Geriatrics

- | | |
|------------------------------|----------------------------|
| Medicare Wellness Visits | Minor In Office Procedures |
| Immunizations – VFC Provider | DOT Physicals |
| Age Specific Wellness Exams | Same Day Appointments |
| Injection Therapy | School & Sports Physicals |
| Family Planning | Patient Portal |

CHESTER CLINIC

2319 Old Plank Road - Chester, IL 62233
618-826-2388

STEELEVILLE FAMILY PRACTICE

602 W. Shawneetown Trail - Steeleville, IL 62288
618-965-3382



James Kirkpatrick, M.D. • James Krieg, M.D.
Lisa Lowry-Rohlfing, M.D. • Joseph Molnar, D.O.
Stephen Platt, M.D. • Angela Albertini, PA-C
Valerie Blechle, APN, FNP-BC • Jamie Hess, PA-C

A Healthy Life STARTS WITH AN

ANNUAL WELLNESS VISIT

What is preventive care and why do I need it?

Preventive care is what we do to prevent or delay medical problems. Getting preventive care saves you the time, money, and the worry that come with medical problems. And if you avoid medical problems, you'll be more independent and have a better quality of life for a longer time.

Why do I need a personalized plan?

Preventive care is not the same for everyone. What's best for you depends upon your medical history, your family's medical history, and how you live.

FOR EXAMPLE, for most people a colonoscopy is recommended every 10 years. If someone in your family has had colon cancer, you're at greater risk for colon cancer than most people. Having a colonoscopy more often than other people could save your life.

It's the same with many other conditions. Considering your history and your current situation helps us create an individualized plan for you.

Do I have to pay for this visit?

No. Medicare pays the entire cost of this visit if:

- You have had Medicare Part B coverage for more than 12 months, AND
- You have not had a Medicare Initial Preventive Physical Examination or an Annual Wellness Visit within the last 12 months.

If you're not sure if these are true for you, please ask.

I already go in for a routine physical checkup every year. Is this the same thing?

No. During your Annual Wellness Visit you'll make an overall plan for future visits. During your routine physical checkup (a separate visit), you can take some of the steps to carry out that plan.

The plan you make during your Annual Wellness Visit will help your routine checkups run more smoothly. As soon as you arrive at your routine checkup, your doctor can look at your plan and know what is the most important to do. This will give you more time in your routine checkup to talk about how you're feeling.

What will happen during the visit?

During your Annual Wellness Visit, we'll gather more information about your unique health situation. We'll discuss what medical problems you may need to watch out for, and how we can help prevent them. You may be given some preventive care, such as a flu immunization, but you will not be given an actual physical exam.

If I have other health concerns, can I ask about them during this visit?

If you have specific concerns about your health, you need to schedule another appointment.

What if my health situation changes in the future? Will my prevention plan change too?

Yes. Medicare will pay for you to come in every year and update your plan according to your current needs.

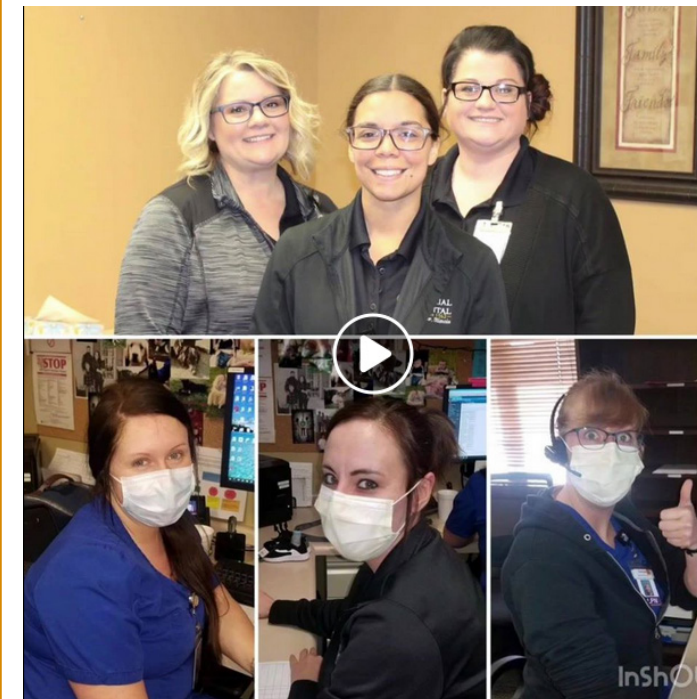
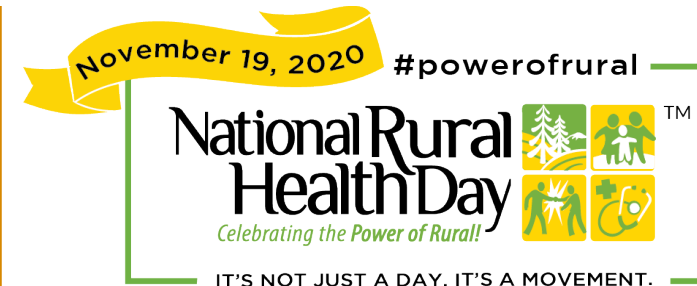
QUICK FACTS

| | YES | NO |
|--|-----|----|
| Do I have to pay for this visit? | | ✓ |
| Is a wellness visit the same as a routine checkup? | | ✓ |
| Will my plan change if my health changes? | ✓ | |

What should I bring to my planning visit?

When you come in for your Medicare Annual Wellness Visit, please bring the following:

- Any medical records you have, including immunization records.
- Any family health history you have, in as much detail as possible.
- A complete list of medications you take, including vitamins, supplements, and herbs. For each medication, write down how often and how much of each you take.
- A list of healthcare providers and suppliers currently involved in your care.



On November 19, 2020 Memorial Hospital's Chester Clinic and Steeleville Family Practice celebrated National Rural Health Day. The providers, nurses, and staff at these locations have made it their priority to ensure that our rural community receives quality, compassionate care daily since 1934.

DOT PHYSICALS

Schedule Your Physical Today

Chester Clinic
2319 Old Plank Road
Chester, IL 62233
618-826-2388

Steeleville Family Practice
602 W. Shawneetown Trail
Steeleville, IL 62288
618-965-3382

www.mhchester.com

Caring for you throughout your life span.

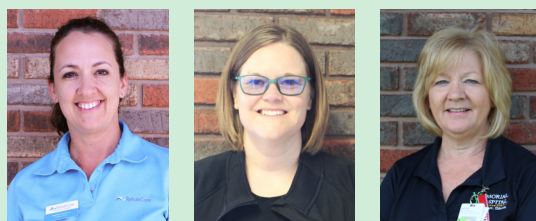
Treating pediatrics, youth, adults, and geriatrics.

SPECIALIZED SERVICES:

- Sports Rehab
- Balance Rehab
- Vertigo
- Stroke Rehab
- Hand Therapy
- Pool Therapy
- Urinary Incontinence
- Manual Therapy
- Orthopedic Rehab

SPECIALIZED EQUIPMENT:

- Bariatric Treadmill
- Biodex Balance System
- Mechanical Traction
- Ultrasound
- Electrical Stimulation
- Fluidotherapy
- Iontophoresis



Heather Huck, Occupational Therapist/Rehab Clinical Leader
 Heather King, Speech-Language Pathologist
 Anita McDonough, Physical Therapist Assistant
 Brandi Salger, Physical Therapist Assistant
 Cheryl Sauerhage, Physical Therapist

REHABILITATION AND COVID-19 RECOVERY

A study, Role of Rehabilitation in Pandemics, published in the April 9, 2020 edition of the Journal of Rehabilitation Management, investigated the non-respiratory presentations and complications of a COVID-19 patient where medical rehabilitation may prove vital to a complete recovery. Specifically, the authors examined emerging reports from the most affected countries, as of March 31, including China, South Korea, Italy and Spain.

Data indicate that in addition to the most commonly attributed respiratory symptoms of this novel coronavirus, there are several clinical presentations that may be best addressed by medical rehabilitation. Several conditions that have been reported in COVID-19 patients that would benefit from rehabilitative interventions include, but are not limited to, cerebrovascular disease and related strokes, seizures, skeletal muscular injuries and neuromuscular illnesses. While the COVID-19 pandemic is evolving on a daily basis, particularly in the United States, the study suggests that approximately 20% of recovering patients will require facility-based rehabilitative care. In order to best meet patient need and recovery, the study suggests that a fully integrated approach to care will render positive longer-term results.

“Early rehabilitation of the COVID-19 patients can enhance pulmonary, respiratory function, reduce complications, improve function, cognitive impairments and quality of life.”

- Evidence and key findings support that during disasters, early involvement of rehabilitation reduces disability and improves clinical outcomes.
- The rehabilitation needs of COVID-19 survivors will vary in different settings over time, but medical rehabilitation is essential in all phases of pandemic management.



F-B, L-R: Jennifer Askins, Rehab Tech.; Anita McDonough, Physical Therapist Assistant; Brandi Salger, Physical Therapist Assistant; Beth Meyer, Program Assistant; Cheryl Sauerhage, Physical Therapist; Heather Huck, Occupational Therapist & Rehab Clinical Leader.

- The study concludes, in part, that: “As in any disaster, the role of medical rehabilitation in pandemics is an integral component of comprehensive management.”
- Another conclusion of the study: “Early rehabilitation of the COVID-19 patients can enhance pulmonary, respiratory function, reduce complications, improve function, cognitive impairments and quality of life.”

Memorial Hospital’s Therapy & Sports Rehab Center continues to serve our community during the COVID-19 Pandemic. Enhanced infection control measures have been adopted throughout the facility along with patient and staff screenings to reduce the risk of infection. Our staff are here for you, to provide individualized care in our private treatment rooms while following stringent infection control measures, while providing clinical excellence.

Outpatient Therapy Services is an integral component in the treatment and the rehabilitation of patients with disability, disease or injury resulting in functional limitations or loss. We provide

physical, occupational & speech therapy. Outpatient therapy is appropriate following any event causing apparent functional decline. At evaluation, an individualized plan of care is established to guide treatment designed to minimize pain and increase strength and range of motion. Therapy should restore critical functions required for independence with or modification of normal daily activities.

Learn more about the services offered at the Therapy & Sports Rehab Center or contact us for more information: 618-826-4588 | www.mhchester.com

Source: Role of Rehabilitation in Pandemics, published in the April 9, 2020, edition of the Journal of Rehabilitation Management

| Common Diagnoses that Benefit From Therapy | | | |
|--|--|---|--|
| Cervical | Thoracic | Lumbar | Neurological |
| Sprain / Strain Whiplash Cervical Fusion Herniated Disc Headaches Spinal Cord Injury Degenerative Disc Disease | Thoracic Facet Syndrome Sprain / Strain Herniated Discs Degenerative Disc Disease Thoracic Outlet Syndrome Spinal Cord Injury | Sprain / Strain Herniated Disc Lumbar Fusion Degenerative Disc Disease Spinal Stenosis S/I Dysfunction Spinal Cord Injury | CVA Traumatic Brain Injury RDS |
| Shoulder | Elbow | Wrist / Hand | |
| Shoulder Replacement Impingement Dislocation Bursitis Tendonitis Rotator Cuff Tear Acromioplasty | Lateral Epicondylitis Medial Epicondylitis Tendonitis S/P Fractures | Carpal Tunnel Syndrome S/P Wrist Fracture S/P Digit Fractures Neuropathies Rheumatoid Arthritis | |
| Hip | Knee | Foot | Ankle |
| Total Hip Replacement Trochanteric Bursitis Iliotibial Band Injuries | ACL Reconstruction Patella Femoral Syndrome Total Knee Replacement Arthroscopic Surgery Amputation | Sprain / Strain Plantar Fasciitis S/P Foot Fractures Heel Spurs | Sprain (Grades II & III) ORIF Reconstruction Ankle Fusion |
| Sports Injuries | Pediatrics | Aquatic Therapy | |
| We evaluate sports injuries and assist in choosing an appropriate treatment pathway. | Developmental Delays | Arthritis Spinal Diagnoses Hip Diagnoses Knee Diagnoses | |
| Musculoskeletal | | Speech Dysfunction | |
| Tendonitis Bursitis S/P Tendon Repair Tendon Tear | Fibromyalgia Rheumatoid Arthritis Osteoarthritis Osteoporosis | Cognition Problems Memory Re-Training Speech Dysfunctions Language Dysfunctions | Aphasia Dysarthria Dysphagia |



New MSU private patient room with overhead ceiling lift.

items on the headwall and footwall, including new smart TVs, new patient recliners and visitor seating. Every room on the Medical Surgical Unit has a large, private bathroom that includes a full, adjustable shower, sink and facility that has seamless wall to floor coverage with a beautiful, slip-resistant epoxy coating. All lighting is adjustable to provide optimal patient experience.

New features were incorporated into each room with the patient comfort and safety in mind. All patient beds have built in features including stand assistance, verbal cues for fall risk patients, safety lights and advanced controls. Smart TVs in each room include pillow speaker interface and the latest technology. The call system has been upgraded to include direct call buttons for specific items like medication, restroom assistance, and are sent directly to the caregiver responsible. An overhead ceiling lift, implemented as part of the Safe Patient Handling Program, has been installed to help achieve an even safer lifting environment for patients, reducing the risk of patient injury from transfers and movement, and reducing risk of injuries to staff.

The improvements continue for our visitors throughout the newly remodeled Unit as well. Family and visitors are just as important as our patients are in the overall plan of care. New sleeper sofas are available in the private rooms and have multiple comfort zones, including recline and sleep position, a table for belongings and a USB port to plug in your communication devices. Visitors who need to step out of the patient room for a moment can have a seat in the alcove visitor seating designed along the hallway.

Memorial Hospital continues to “Build for your future needs.” As a Joint Commission Accredited and 5-Star HCHAPS patient rated hospital these improvements help Memorial continue its efforts in providing the best quality healthcare for the community. As healthcare needs change and technology advances, Memorial continues to improve the critical access of care provided to Randolph County and the surrounding area.

Take a Virtual Tour Here:
<https://youtu.be/U3TQ083Wz9g>



New MSU semi-private patient room.



New nurses station, and ICU entrance at right.

MEMORIAL HOSPITAL'S NEW MEDICAL SURGICAL UNIT IS NOW OPEN

Memorial Hospital’s new Medical-Surgical and Intensive Care Units are now open. The new units are located on the south wing, upper level of the hospital that once housed other inpatient units, including the nursery, many years ago. “We are extremely grateful for the design and construction of our new Medical Surgical Unit,” stated Brett Bollmann, Memorial Hospital CEO. “The primary goal of the New Med-Surg project was to improve patient safety, comfort, and work flow for our staff. We anticipate that the added enhancements will greatly improve the customer experience along with the continued exceptional medical care.”

“The new unit offers a relaxed atmosphere that helps decrease anxiety and promote healing upon entering the unit,” informed, Susan Diddlebock, Chief Nursing Officer. “Between the colors of the walls, the architectural ceiling and lighting and the sound reduction flooring and insulation, patients will notice the difference from our prior units.”

The main hall has multiple workstations to improve staff workflows. The Medical Surgical Unit rooms are a mixture of seven private and eight semi-private rooms, each with a window view overlooking the forested area at the side and rear of the facility. Each patient space has built in cabinetry for patient



Nurses pause to pose for a quick photo in the new MSU hallway.
 L-R: Angie Schoenbeck, RN House Supervisor; Chris Goetz, CNA; Kristina Jany, RN; Marci Klein, RN; Amy Eggemeyer, Care Coordinator Manager; Michelle Guebert, RN; Tamara Despain, RN.



New MSU private patient room.



New ICU room with private facilities.

LOCAL PHOTOGRAPHS SELECTED FOR NEW MSU

As part of the remodel for the new Medical Surgical Unit at Memorial Hospital, local photographs were selected from a photography contest held at Memorial. From hundreds of previously submitted photos, 35 were selected for the nursing staff to vote on. In all, 5 photos were chosen for the main hallway and 5 were picked to be rotated throughout the 15 patient rooms. The images chosen by the nursing staff are local landscape and bridge scenes that capture the beauty of Southern Illinois and Chester. The rich colors captured by the photographers in the sunsets, sunrises, and light of the midday are the perfect finishing touches to the new space at Memorial. As patients recover in their rooms and walk the halls these images inspire hope and healing.

Winners included: Trish Adams, Dee Eggemeyer, Barb Kittell, Elijah Ledbetter, Ben Naeger, and John Reith.

Congratulations to our winners!! Each photographer was asked to share a statement:




"The very first picture I took of the bridge was during my first visit to Chester in May of 2007, while in town for my husband's job interview for the principal's job at Chester High School. I have since taken quite a few during different seasons and times of the day. The bridge, the Visitor's Center and the Popeye statue is usually the first sightseeing stop when we have out-of-town guests. This picture was taken during an early evening in August while showing some guests the sites around Chester and Randolph County. Photography is one of my hobbies and I would like to thank the selection committee for recognizing me by hanging one of my photographs in the Med Surg Unit at the hospital. Please enjoy viewing this photograph as much as I enjoy taking pictures!" - Barb Kittell




"It was the unexpected beauty of the morning fog on the water around my mom's favorite barn that inspired the photo." - Ben Naeger




"I'm honored that you have chosen my photo to grace the walls of your hospital." - Trish Adams



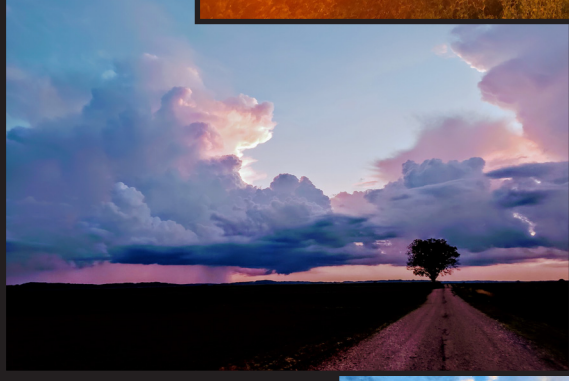




"This photo was taken during the beginning of spring at Fort Kaskaskia, after a storm, capturing the sun breaking through the cloud cover with fresh grass on the hillside. Every time I come back to this photo it makes me think of new beginnings and growth" - Elijah Ledbetter





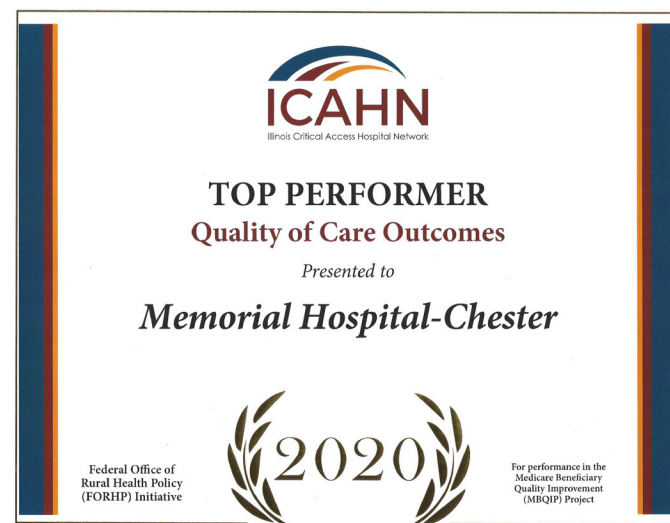
"I feel very honored to have my photography hanging in a local hospital. I carry my camera with me everywhere, because I never know when I will see that perfect shot. The photo with the trees and water was on my way to work one morning and I had to stop and capture the beauty of the beginning of a new day. The photo of the covered bridge was taken when I had made the decision I wanted the bridge in all 4 seasons for a planned series in my home. I hope that they bring joy to all who see them." - Dee Eggemeyer

"We are surrounded here in every direction by God's beauty and I'm thrilled and honored to have had three of my prints selected for displaying this amazing new space. We are incredibly blessed to have such a vibrant hospital in our community. I would like to extend special gratitude to our healthcare professionals at Memorial Hospital Chester who are working diligently as always and getting up each day strong again in the face of adversity. I hope these pieces help soothe and inspire all who enjoy them." - John Reith



Memorial Hospital Recognized for 5-Star Rating & Top Performance



During a virtual ceremony held November 17th, the Illinois Critical Access Hospital Network (ICAHN) recognized Memorial Hospital of Chester for its ongoing commitment to exceptional quality of care. ICAHN, located in Princeton, IL, is a network of 57 small rural Illinois hospitals dedicated to strengthening the operations of its member hospitals through collaboration.

As part of the Federal Office of Rural Health Policy Medicare Beneficiary Quality Improvement Program (MBQIP), Memorial Hospital and other critical access hospitals are asked to participate in four defined domains of quality outcomes, which includes: Patient Safety/Inpatient; Patient Engagement; Care Transitions; and Out-patient Measures.

Memorial Hospital's Environment of Care and Patient Safety Committees meet monthly to work on maintaining and executing top performance in the four domains of quality outcomes laid out by MBQIP. Directors and managers representing departments throughout the hospital and rural health clinics hold active roles on these committees. Each month members review areas that need attention and provide input for improvement. Employees are encouraged to consult their immediate supervisor with questions regarding employee or patient safety. This makes safety and quality of care everyone's responsibility at Memorial Hospital. Ideas and suggestions for improving safety programs are always welcome. "It takes a team effort from all departments to ensure service excellence," stated Hospital CEO Brett Bollmann. "We have worked

hard over the past few years to improve the patient experience and have plans for more improvements as we move forward!" Safety programs, equipment, and articles are shared with hospital staff quarterly through the Committees' "Safety Matters" newsletter.

Memorial Hospital was honored for being a top performer in all four domains and also for gaining a '5-Star' rating in HCAHPS (Hospital Consumer Assessment of Health Plans Survey) scores. The Centers for Medicare and Medicaid Services (CMS) created the HCAHPS Star Ratings to allow consumers to more quickly and easily access the patient experience of care information on the Hospital Compare website.

"This hospital realizes how important quality of care and an engaged staff is for its patients...From its top leadership throughout the facility, each strives for continued quality on a daily basis, and that is what we are celebrating today," said Laura Fischer, ICAHN Flex Coordinator.

As Memorial Hospital continues to navigate through the COVID-19 pandemic, the Environment of Care and Patient Safety Committees commend all staff throughout the organization for their willingness to remain vigilant in infection control and prevention practices for the patients, coworkers, visitors, and community. The day to day safety and infection prevention practices by each and every staff person demonstrates their dedication to healthcare, public health, and the culture of safety embraced at Memorial Hospital.

2020 Service Awards and Newmark Winner Announced

Memorial Hospital presented service awards individually to employees during their workday this year. Due to COVID-19 restrictions and for the safety of staff and their family, the Hospital did not host a party this year. Department heads, presented the following employees with their Service Awards:

| | |
|------------------|--------------------|
| 5 Years | 15 Years |
| Reymil Alcalá | Teresa Ball |
| Loegan Anderson | Tara Johnson |
| Morgan Bendorf | Kathryn Sauerhage |
| Morgan Cash | Michael Whitt |
| Kaile Eggemeyer | 20 Years |
| Amanda Johnson | Rachel Garniss |
| Marci Klein | Michelle Evans |
| Gretchen Kocian | 25 Years |
| Amber Martin | Brett Bollmann |
| Audrie Otten | Cheri Colvis |
| Christina Poppen | Cambrea Doeding |
| Jerina Reese | Ida Harriss |
| Michelle Tripp | Angela Schoenbeck. |
| 10 Years | 30 Years |
| Janine Leclere | Kimberly Fedderke |
| | 40 Years |
| | Dr. James Krieg |
| | Susan Robinson |

Retirees from 2020 for this year received a gift commemorating their time at Memorial. Those honored, included:

| |
|------------------------------|
| Linda Stern – 10 years |
| Gennine Westerman – 18 years |
| Brenda Ruroede – 22 years |
| Debra Dudenbostel – 28 years |
| Joan Kleidon – 35 years |
| Cynthia Lannom – 39 years |
| Linda Rellergert – 45 years |

The 2020 Israel D. Newmark Memorial Award winner was presented by Chief of Medical Staff, Dr. James Kirkpatrick. This year's winner, Angela Mohring, RN and Infection Control Nurse at Memorial Hospital, was presented with a plaque. She has worked at Memorial for 6 years. Dr. Kirkpatrick read the following words from coworkers, "This employee has worked tirelessly all year to keep not only staff, but also their families safe from COVID-19. She has demonstrated the appropriate knowledge and guidance all while maintaining her normal day to day responsibilities. This employee has made herself available to staff 24/7 since the beginning



Dr. James Kirkpatrick, Chief of Medical Staff & Newmark Award recipient, Angela Mohring, RN and Infection Control Nurse

of the pandemic for questions or problems. When staff members makes these 'after hours' calls to her, with problems or questions, she is always gracious and thoughtful with her responses. She is never weary or frustrated with people reaching out to her for guidance no matter the day or hour. She has worked with management and IDPH and many other resources to make sure we have the most up-to-date policies, procedures and information regarding the pandemic. She has played an important role in the responsible way that our facility has handled the pandemic. She is reliable, knowledgeable, courageous, and determined to keep staff as safe as possible in this uncharted territory, we are thankful she is a part of the Memorial Hospital Team!"

“ This employee has worked tirelessly all year to keep not only staff, but also their families safe from COVID-19 ”

"Not only has she participated in our COVID-19 response with policies and research, she has also worked hands-on alongside nursing staff to provide patient care to the positive COVID-19 patients and to help perform testing. We are extremely grateful for the hard, and sometimes thankless, work that this employee has put forth all year. I can think of no one more deserving of the Israel D. Newmark, M.D. Memorial Award for 2020."

Angela, had these words to say about her career at Memorial, "I am honored to receive this award, especially during a year like this. I feel blessed to have my amazing friends and co-workers at Memorial who have supported me, pitched in wherever needed, and adapted to the continuous changes we have all endured as healthcare workers during this pandemic. We have all been fighting tirelessly to keep our patients safe. I look forward to the arrival of the vaccine and what that will mean for our community and healthcare team."

COVID-19

COMMUNITY CARE IS TOP PRIORITY

As the situation surrounding COVID-19 (novel coronavirus) continues to evolve, we want our patients to know that their health and safety is the top priority of Memorial Hospital and all of our locations. We are implementing precautions and procedures to help protect our community. We encourage you to check our [website](#) or [Facebook page](#) often as we continue to update these sites with important information.

Welcome New OBGYN/Women's Healthcare Providers

Memorial Hospital is proud to welcome women's health specialists, Dr. Elisabeth Beyer Nolen and Pamela Jellen, CNM (Certified Nurse-Midwife), to our Specialty Clinic team. They join us from Heartland Women's Healthcare. They began holding clinics at Memorial Hospital on Wednesday, November 18, 2020.

Dr. Nolen has over 24 years of experience in the field of Obstetrics & Gynecology. She is a board-certified member of the American Board of Obstetrics & Gynecology. Dr. Nolen completed her military service as a decorated Lieutenant Colonel in the United States Army and was Chief of Obstetrics and Gynecology at Darnall Army Community Hospital. She attended medical school at the Uniformed Services University of the Health Science, F. Edward Herbert School of Medicine, Bethesda, MD and completed her residency at Walter Reed National Military Medical Center, Bethesda, MD.

Pam has over 12 years of experience in the field of women's health. Her nursing background began in Labor & Delivery before becoming a Certified Nurse-Midwife (CNM). Her areas of expertise include maternal and fetal patient care. She received her Undergraduate - Bachelor of Science Nursing degree from Goldfarb School of Nursing at Barnes Jewish, St. Louis, MO and her Graduate - Master of

Science in Midwifery and Women's Health from Georgetown University St. NW, Washington, D.C.

Heartland Women's Healthcare coordinates convenient personalized healthcare for all women in all stages of life utilizing innovative technology within a warm and welcoming environment. Dr. Nolen and Pamela will provide Obstetrics and Gynecology exams at Memorial Hospital's outpatient clinic. Services will include:

- Early Gender Testing
- Prenatal Care
- Ultrasound at Every Visit
- High Risk Maternity Care
- Annual Well-Woman Exams
- Same-Day IUDs
- STD Testing
- Sexual Partner STD Testing
- Infertility Services
- Menopausal Management
- Birth Control

Dr. Nolen and Pam Jellen, CNM will hold Specialty Clinics at Memorial Hospital in Chester every other week. To make an appointment with either provider, please call 1-844-USAOBGYN (872-6249). Request a consult with Dr. Nolen or Pamela at the Specialty Clinic in Chester.



Dr. Elisabeth Beyer Nolen



Pamela Jellen, CNM (Certified Nurse-Midwife)

Community CARE

Memorial Hospital Employees, Out & About in Our Community



"Santa's Helpers" were busy in December hand picking and wrapping gifts for some special people in our community. The elves helped load up the sleigh to drop off gifts to the North Pole in time for Christmas morning delivery.

Thank you to all of our departments and employees who helped Memorial Hospital provide a very Merry Christmas for 36 individuals this year. The generosity and care our employees have for our community never ceases to amaze us. They truly are heroes!

Elves, Mark Glander, and "Santa's Helpers" organizers, Amy Eggemeyer and Kari Schaefer load up the sleigh with bags of tagged and sorted gifts.



Want to Say Thank You to a Special Nurse?

Nominate a nurse for a DAISY Award.

mhchester.com/DAISY-nominations

MEMORIAL HOSPITAL TESTIMONIALS

SAY THANK YOU TO A HEALTH CARE WORKER

Did Memorial Hospital provide you and your loved one with compassionate, quality care delivered with dignity and respect?

WWW.MHCHESTER.COM/TESTIMONIALS

THANK YOU

To our employees across all of our locations who donated non-perishable food items to the Chester Area Christian Food Pantry during the month of December. Your care and generosity for your community is greatly appreciated.



Memorial Hospital's Specialty Clinic and Administration Staff, Director of Performance Improvement, & Director of Safety adopted pots along Swanwick Street in Chester this year to help spread "JOY" and wish everyone "Healthy Holidays"!

What happened last quarter?

Medical Explorers Meet Via Zoom

Since October 2020, the Memorial Hospital Medical Explorers Post 8618 has been meeting via Zoom. The group of 25 high school and college students from Randolph County meet monthly to learn about different fields in healthcare.

In October, Julie Stern, Director of Human Resources met with the students to give them an introduction into the many healthcare careers that help make up a hospital. The students took assessment tests to see which healthcare career they may best be suited for according to their personality and interests. Julie then spoke to the group about how, what they do now as students and employees throughout the community can be used as training and learning experiences for their future careers as healthcare providers.

In November, the Explorers heard from Susan Diddlebock, Chief Nursing Officer at Memorial. Susan spoke to the students about

the many versatile nursing positions throughout healthcare, in and outside of a hospital setting. The students learned what education is needed to achieve different certificates and levels of nursing and were educated on scholarship and financial opportunities to assist with their schooling. To top off the meeting, the students received an exclusive tour of the new Medical Surgical Unit and ICU from Kristi Williams, Assistant Director of Nursing.

In December, the Explorers had the opportunity to hear from Chance Fox, a second year medical student at Washington University in St. Louis. Chance spoke to the group about what it takes to pursue a career as an MD, from high school graduation to advanced practice. Following Chance's presentation, the Explorers watched pre-recorded interviews with Dr. James Krieg, and Valerie Blechle, Family Nurse Practitioner, from Memorial Hospital's Rural Health Clinics, to get a look at their respective careers, learn what advancements they have seen in their time as family healthcare providers, and receive some advice on pursuing a career in healthcare.

Star Employees of the Past Quarter



Thank you to our "Star" employees! Their co-workers submitted "star cards" in their honor for going above and beyond. Memorial Hospital employees are encouraged to nominate "Star" employees each quarter. At the end of the quarter, ALL star cards are put into a drawing for monetary prizes.

Congratulations to our "Stars" for the quarter! (L-R,T-B): Pamela Schroeder, Radiologic Tech 1; Stan Gaertner, Specialized Engineer Craftsman; Austyn Phillips, Craftsman/Maintenance Technician; Rachel Garniss, Patient Account Specialist; Myka Guetersloh,

Cook; Audrie Otten, RN House Supervisor; Jason Springs, Medical Lab Technician; Kristy Bert, LPN; Garrett Zoellner, Medical Lab Technician; Tara Johnson, Lead Ultrasound Technician, and Kim Fedderke, RN.



What happened last quarter?

Go Red Event Recognized for Pinnacle Awards



Shelley Evans, Dietary Supervisor; Mariah Bargman, Marketing & Community Relations Manager; Apryl Bradshaw, Executive Assistant; Beth Reese, Cook.

The Illinois Society for Healthcare Marketing and Public Relations (ISHMPR) honored marketing, public relations and communications professionals from across the state at its 2020 Fall Virtual Conference and Pinnacle Awards held October 15-16, 2020.

ISHMPR membership is open to marketing, communications, and public relations professionals from hospitals statewide. The Annual Conference offers the opportunity for professional networking and educational presentations by nationally recognized healthcare marketing professionals.

In conjunction with the Annual Conference, ISHMPR sponsors the Pinnacle Awards to

recognize excellence and achievement in healthcare marketing and public relations. Entries are judged on their own merit in accordance with established criteria for project planning, implementation and overall results. Memorial Hospital was recognized with the Award of Merit: Special Event for Wine & Girl Power – Go Red for Women 2020 submitted by Mariah Bargman, Community Relations & Marketing Manager. This is the first time Memorial Hospital has submitted a project for the Pinnacle Awards and was honored to receive the Award of Merit for this annual event that has gained popularity over the years.

Wine and Girl Power - Go Red for Wom-

en, was the title of this past year's annual event held in February 2020 by Memorial Hospital of Chester to educate women on heart health topics during American Heart Month. The event is hosted as an American Heart Association's Go Red for Women event. The target audience is woman 30 years of age and older. The focus of the event is to raise awareness about heart disease in women with a delightful evening of entertainment and education on preventative action they can take now to reduce their risk of heart disease in the future. The evening includes a heart healthy meal and dessert catered by the Memorial Hospital dietary team, a guest speaker or two, interactive women's health related booths provided by healthcare departments from Memorial Hospital, the rural health clinics, and rehab center, attendance prizes and a complimentary wine glass, and wine tasting provided by PRP Wine of St. Louis, MO.

Event coordinator, Mariah Bargman states that, "This event would not be possible without the planning efforts, preparation, and execution from the Memorial Hospital Dietary Team and Executive Assistant Apryl Bradshaw. When I took over planning the event in 2018 it was nice to know I had seasoned veterans to help guide me with the details." Over the years, a wine tasting element has been added and notable speakers have presented. Each year has a slightly different theme and focus. This past year's event was all about empowering women to make their heart health top priority.

V-Safe: After Vaccination Health Checker

V-safe is a smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. Through v-safe, you can quickly tell CDC if you have any side effects after getting the COVID-19 vaccine. Depending on your answers, someone from CDC may call to check on you. And v-safe will remind you to get your second COVID-19 vaccine dose if you need one. Your participation in CDC's v-safe makes a difference — it helps keep COVID-19 vaccines safe.

How can I participate? Once you get a COVID-19 vaccine, you can enroll in v-safe using your smartphone. Participation is voluntary and you can opt out at any time. You will receive text messages from v-safe around 2pm local time. To opt out, simply text "STOP" when v-safe sends you a text message. You can also start v-safe again by texting "START."



Sign up with your smartphone's browser at vsafe.cdc.gov

Use your smartphone to tell CDC about any side effects after getting the COVID-19 vaccine. You'll also get reminders if you need a second vaccine dose.



What happened last quarter?

Perioperative Nurses Week

Memorial Hospital celebrated Perioperative Nurses Week, November 8-14. During the week Memorial recognized the surgical team members who work together to achieve the best possible outcome for every patient and to thank them for their dedication to our patients, contributions to the OR team, and compassionate care for our community.

To celebrate the week the OR team was asked what they love most about their job.

Deb Mevert, OR Manager and RN, CNOR, CNWFA(E), has worked at Memorial for 6 years. Her favorite part about her job is,

"Being a spokesperson for the patient at one of their most vulnerable times. Operating room staff are the eyes and ears for our patients while they are sedated or asleep."

Deb also enjoys learning and teaching,

"Of my 40 years as an RN, 34 of them have been spent in the Perioperative Services which, includes Operating Room, Recovery Room, Same Day Surgery, Endoscopy and Central Service. There are always improvements and new things to learn in the area. I truly enjoy my profession."

Joetta McFarland, RN OR, has worked at Memorial for 6 years. Her favorite part about her job is,

"Making a difference in someone's life. Making something scary, less scary by education and communication."

PERIOPERATIVE NURSES
Week November 8-14, 2020

MEMORIAL HOSPITAL
Since 1962
Chester, Illinois

What happened last quarter?

Radiologic Technology Week

November 8-14 Memorial Hospital celebrated National Radiologic Technology Week. During this week Memorial recognized the vital work of medical imaging professionals and the role they play in patient care.

To celebrate the week employees were asked what they enjoy most about their job and their contribution to healthcare:

"I do my best to make the experience as good and comfortable for all patients. I try to always be kind, compassionate and go the extra mile for my patients." - Rhonda Mott

"I am continually researching protocols for MRI and CT to see if there is anything new or better we can do for the patients. Also, I read a lot of articles regarding Radiology in general and often share information with peers." - Tracy Loos

"I always try to figure out ways of positioning my patients that is most comfortable for them and I get the images that are needed for a diagnostic exam. I always try to get the best quality images in a timely manner and as safely as possible." - Linda Young

"I enjoy providing great quality exams with current low radiation dose equipment to the people of the community. The technologists in all imaging areas continue to remain knowledgeable of best practices in their

field to offer the most up to date services. Services recently added include 3D Mammogram Screenings, X-ray equipment conversion to fully digital, US Stress Echocardiograms, and CT Lung Screenings." - Andria Zweigart

NATIONAL RADIOLOGIC TECHNOLOGY WEEK November 8-14, 2020

Andria Zweigart, Director of Diagnostic Imaging - 7 yrs
Kaitlyn Bindel, Radiology Tech 2 - 1 yr
Wesleyan Fadler, Radiology Tech 2 - 4 yrs
Brooke Hargis, Radiology Tech 1 - 1/2 yr
Tara Johnson, Lead Ultrasound Tech - 15 yrs
Tracy Loos, Lead MRI & CT Tech - 18 yrs
Kellie Louveau, Radiology Tech 4 - 3 yrs
Rhonda Mott, Chief Radiologic Tech - 32 yrs
Melissa Poe, Radiology Tech 1 - 1/2 yr
Pamela Schroeder, Radiologic Tech 1 - 27 yrs
Heather Williamson, Radiology Tech 4 - 19 yrs
Linda Young, Radiology Tech 2 - 14 yrs



MEMORIAL HOSPITAL
Since 1962
Chester, Illinois

CDC encourages patients and families to use the educational resources and learn more about **BE ANTIBIOTICS AWARE** by visiting their website.



Viruses or Bacteria
What's got you sick?



| Common Condition | Common Cause | | | Are Antibiotics Needed? |
|---|--------------|-------------------|-------|-------------------------|
| | Bacteria | Bacteria or Virus | Virus | |
| Strep throat | ✓ | | | Yes |
| Whooping cough | ✓ | | | Yes |
| Urinary tract infection | ✓ | | | Yes |
| Sinus infection | | ✓ | | Maybe |
| Middle ear infection | | ✓ | | Maybe |
| Bronchitis/chest cold (in otherwise healthy children and adults)* | | ✓ | | No* |
| Common cold/runny nose | | | ✓ | No |
| Sore throat (except strep) | | | ✓ | No |
| Flu | | | ✓ | No |

* Studies show that in otherwise healthy children and adults, antibiotics for bronchitis won't help you feel better.

CDC Advises Patient and Their Families to Be Antibiotics Aware

The Centers for Disease Control and Prevention (CDC) is advising patients and their families to use antibiotics only when necessary to further reduce antibiotic resistance, the spread of superbugs, and protect patients from side effects from antibiotics. During U.S. Antibiotic Awareness Week in November, and throughout the year, CDC promotes "Be Antibiotics Aware," an educational effort to raise awareness about the importance of safe antibiotic use.

The "Be Antibiotics Aware" initiative educates the public about when antibiotics are needed, when they are not, how to take antibiotics appropriately, and potential side effects of antibiotics. The CDC encourages patients and families to:

- **Get the facts about antibiotics.** Antibiotics do not work on viruses, such as those that cause colds, flu, bronchitis, or runny noses, even if the mucus is thick, yellow, or green. When antibiotics aren't needed, they won't help you, and the side effects could still cause harm.
- **Ask your healthcare professional** about the most appropriate treatment for you or your loved ones' illness. If antibiotics are not needed, ask about the best way to feel better while your body fights off the virus.
- **If you need antibiotics, take them exactly as prescribed.** Talk with your healthcare professional if you have any questions about your antibiotics.
- **Talk with your healthcare professional if you develop any side effects,** especially severe diarrhea, since that could be a Clostridioides difficile (C. difficile or C. diff) infection, which needs to be treated immediately.
- **Do your best to stay healthy and keep others healthy** by cleaning hands by washing with soap and water for at least 20 seconds or using a hand sanitizer that contains at least 60% alcohol; covering your mouth and nose with a tissue when you cough or sneeze; staying home when sick; and getting recommended vaccines, such as the flu vaccine.

BE ANTIBIOTICS AWARE



FIND THE HELP YOU NEED:

SUPPORT AND RECOVERY MEETINGS & GROUPS
ASSISTANCE
MENTAL HEALTH RESOURCES
VIOLENCE PREVENTION AND CRISIS INTERVENTION SUPPORT

2020 has been a trying year for everyone: mentally, socially, financially, and physically. The toll of isolation, canceled gatherings, and concerns for health and financial stability this year has many feeling stress like they have never experienced before. Memorial Hospital has compiled a list of local resources you can utilize that are here to help. Whether you or a loved one struggles with mental health or substance misuse, you are searching for financial assistance, or need assistance in a crisis, there are several options to help educate you and your loved one on recovery and stability and find you the help you need.

Organizations and recovery groups have pulled together their resources to provide assistance, during these times of virtual connection and physical isolation. You are not alone! Many of these resources are available from your smart phone or mobile device. You can connect anonymously in a group setting or even find individualized help.

Don't struggle alone! Find the help you need with one of these organizations.

SUPPORT AND RECOVERY MEETINGS & GROUPS:

RECOVERY MATTERS

Wednesdays 7:00-8:00pm

on Zoom January 6 through 2021 here:

<https://bit.ly/3kRWGFw>

Facebook Page:

www.facebook.com/ourSISAA

Healthy ways of dealing with depression and anxiety. This group is for people in recovery from alcohol and drug misuse. Maintaining Mental Wellness During COVID - Join them weekly as they check-in with each other and have a theme-based discussion with a new topic each week. This meeting is open to new members, but confidential only to those joining. No judgment. Open dialogue. These meetings are led by John Reith, Recovery Coordinator with ComWell.

CELEBRATE RECOVERY

Thursdays at 6:00pm

at Tri County First Pentecostal Church

(Currently on hold due to COVID.)

301 Railroad Street - Cutler, IL

Phone: (618) 497-2953

Email: tricityyupc@yahoo.com

Facebook Page:

www.facebook.com/TRICOUNTYFIRST

Website: www.celebraterecovery.com

Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind. Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life. Learn more about this program at www.celebraterecovery.com.

AA MEETINGS

Tuesdays 8:00 PM in Sparta, IL

215 West Jackson - Sparta, IL, 62286

Fridays 12:00 PM in Sparta, IL

215 West Jackson - Sparta, IL, 62286

NEW LIFE MISSION INN

View Complete List of Group Meetings at:

newlifemissioninn.com/group-meetings

114 W. South Street - Perryville, MO

Phone: (573) 513-2918

Email: newlifemissioninn@gmail.com

Facebook: [New Life Mission Inn- MO](https://www.facebook.com/NewLifeMissionInn-MO)

Website: newlifemissioninn.com

NLMI strives to serve the Perry County area by providing access to outpatient addiction counseling as well as life skill classes for individuals and their families. They are an outpatient recovery counseling and support center. NLMI has a drop in facility that is open noon to 6:00 pm that has shower and laundry available for clients to use. Further information is available through their website or by calling their offices.

LOCAL COALITIONS & COMMUNITY ASSISTANCE ORGANIZATIONS:

(SISAA) SOUTHERN ILLINOIS SUBSTANCE ABUSE ALLIANCE

Meetings held the 3rd Wednesday of every month (excluding July & December).

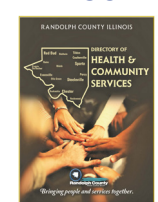
Meetings currently being held via Zoom.

Phone: (618) 954-0552
Email: dtrask@comwell.us
Facebook: [Southern Illinois Substance Abuse Alliance](https://www.facebook.com/SouthernIllinoisSubstanceAbuseAlliance)



DIRECTORY OF HEALTH & COMMUNITY SERVICES

The Randolph County Health Department has compiled a directory of Health & Community Services in Randolph County and the surrounding local and metropolitan area from basic health needs, to mental health, substance abuse recovery, financial aid and so much more. Click the image above to view the complete list of Health & Community Services.



WESTERN EGYPTIAN E.O.C.

Randolph County Office
1820 N. Market (Front Building)
Sparta, IL 62286
Phone: 618-443-5231
Online: Facebook Website

MENTAL HEALTH & CRISIS:

ComWell WHERE COMMUNITY MEETS WELLNESS

10257 State Route 3 - Red Bud, IL 62278
Phone: (618) 282-6233
24 Hour Crisis Line - 1-888-855-0034
Call 4 Calm - text "TALK" to 5-5-2-0-2-0

Mental Health Counseling, Psychiatric Services, Open Access - Readily available Mental Health and Substance Misuse Services for Adults and Youth, Children & Families Youth Services.



Website: namiswi.org

- Support Groups - Zoom Meetings
- Family Support Group (Thursdays) - Open to families and friends of persons diagnosed with severe and persistent mental illness.
- NAMI Connection: Recovery Support Group (Every Wednesday & Saturday) - Support group open to all adults with mental illness regardless of diagnosis.
- NAMI Classes

View website for class details.



Memorial Hospital Chester is at Memorial Hospital Chester (Chester, IL).
October 12 · Chester, IL
Today Memorial Hospital celebrates 58 years of caring for our community!
For over half a century the Memorial Hospital Team has been committed to professional excellence in providing safe, quality healthcare, compassion and service to patients, the community and each other.
Staff celebrated today with a complimentary meal and birthday cake for dessert... See More

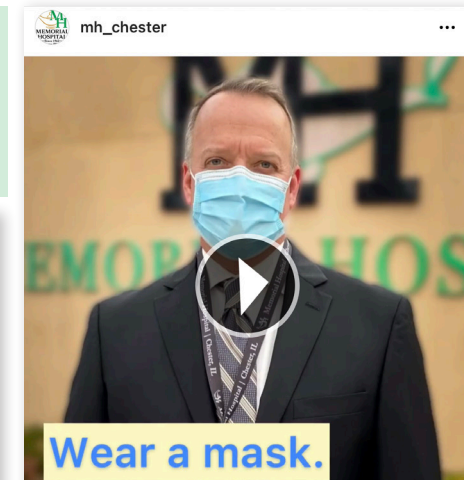
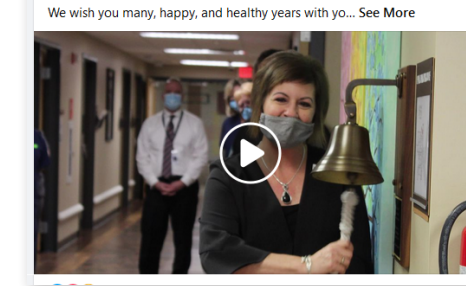


mh_chester
47 views
mh_chester Memorial Hospital along with Sparta Community Hospital, Red Bud Regional, and Pinkneyville Community Hospital urge the public to do their part... more



Emergency Nurses Week™ October 11-17, 2020
EIAS 50th Anniversary Emergency Nurses Association
Emergency Nurses Day™ October 14, 2020
Liked by reidia and 6 others
mh_chester Happy ER Nurses Day to our emergency department nurses. Thank you for your hard work, dedication, service, and commitment to providing... more

Memorial Hospital Chester
Published by Mariah Bargman · November 5 ·
Congratulations Joby Petrowske on your last treatment! Your healthcare team at Memorial Hospital has been honored to care for you during this time.
Joby, passes her grateful thanks onto the numerous nurses and doctors at Memorial Hospital. "I would (and already have) recommend Memorial Hospital. My experience was life changing due to my cancer diagnosis in March 2020 and the professional and compassionate care I received."
We wish you many, happy, and healthy years with yo... See More



mh_chester
47 views
mh_chester Memorial Hospital along with Sparta Community Hospital, Red Bud Regional, and Pinkneyville Community Hospital urge the public to do their part... more

Memorial Hospital Chester
Published by Mariah Bargman · December 1 at 11:10 AM · Instagram ·
Congratulations to Memorial Hospital's Health Information Management Department for being the winner of the 100% Flu Vaccine Compliance gift basket.
Thank you to all of our departments who have reached 100% Flu Vaccine Compliance this year:
RHC Business Office
Rural Health Clinics... See More



Upcoming Events See All
TUE, JAN 19, 2021 AT 1 PM CST
Community Blood Drive - VFW
VFW Kaskaskia Post 3553 - Chester, IL Causes · Hosted by Memorial Hospital Chester
SAT, JAN 23, 2021 AT 8 AM CST
Virtual Prenatal Class
Health · 1 guest

Memorial Hospital Chester
Published by Mariah Bargman · 1h ·
Educate yourself on the COVID-19 Vaccine Facts.



Memorial Hospital Chester
Published by Mariah Bargman · 1d ·
High School Students and Undergraduate Students, The National Center for Rural Health Professions is currently accepting applications for their Rural Health Careers Summer Camp (high school students) and Rural Interprofessional Preceptorship Programs (undergraduates). View more details on how to apply for these great learning experiences below.

Applications are now open for:
→ Rural Health Careers Camp
→ Rural Health Experience (RHE)
→ Rural Interprofessional Preceptorship
The National Center for Rural Health Professions
December 14 at 3:13 PM ·
We are excited to announce that applications for the 2021 pipeline programs are NOW AVAILABLE on our website!
We will be offering the Rural Health Careers Cam... See More
1 Like 1 Comment 1 Share

VOLUNTEER & AUXILIARY NEWS

2020

Tree of Remembrance

CAMPAIGN RAISES

\$8,320

The Memorial Hospital Auxiliary is able to assist the hospital in purchasing needed equipment for various departments through the community's generous donations and memorials each year. Funds collected this year will be used to purchase Patient Care Bags for our Chemo/Infusion patients. These bags will include comfort items such as a blanket, socks, chap-stick, stress ball, and other items that the patients can use during their treatments that they will be receiving at Memorial Hospital Chemo/Infusion Department. These care bags will help make the patient's stay as pleasant and comfortable as possible.

Contributions for the Tree of Remembrance can be submitted at any time throughout the year to: Tree of Remembrance, 1900 State Street, Chester, IL 62233. Contact Apryl Bradshaw with additional questions at 618-829-4581.

On behalf of the Auxiliary, we thank you for your support of the Memorial Hospital Auxiliary's Tree of Remembrance.

Watch for more fund raising events on their Facebook Page: [Memorial Hospital Auxiliary](#)

Thank You to This Year's Contributors

DONATIONS INCLUDE:

- John Friess
- Retha Jones
- Ida, Gary, & Stan Gaertner
- Roger & Ruth Petrowske
- Curtis & Donna Clendenin
- Dr. & Mrs. James Krieg
- Linda Schafer
- Buena Vista National Bank of Chester
- Chester Animal Hospital LLC
- Chester Insurance Agency
- The American Legion #487
- The County Journal, Inc.
- City of Chester,
- Randolph County Abstract LLC
- Fraternal Order of Eagles #3252 Chester
- Randolph County Housing Authority
- James H. Lochhead & Sons
- American Legion Auxiliary
- Arbeiter Law Offices
- Tom and Vicki Search
- Randolph County Coroner's Office
- Dr. Robert and Paula Platt
- Dr. Stephen and Diane Platt
- Sandra Howard
- Judith Petrowske
- Robert and Linda Appel
- Marla Cushman
- Anonymous
- Richard and Beverly Allison
- Ron and Jill Arbeiter
- Chester Grade School "Positive Give Back to the Community" project
- Michael and Deana Korando
- James and Linda Sympson
- Mr. Dennis Carr

MEMORIALS INCLUDE:

- Pechacek Funeral Homes, In memory of Ron Pechacek
- Chester Electric Supply, Inc., In memory of Willard & Elvera Rathert
- Dale & Marsha Link, In memory of Charles & Jean Link, Harold & Ina Link, Jack Link, Dan & Faye Magers, Tony Viorel.
- Russ & Linda Rader, Remembering our brothers L/CPL Charles Rader, PFC Leonard Nitzsche
- Paul & Kyle Koeneman, In memory of Don P. Koeneman
- Carl & Bonnie Todd, In memory of Marcella Stirnaman, Jerry and Ron Davitz
- Julia Saak & Mary Alice Welge, In memory of Mr. & Mrs. Brockey Childers
- Julia Saak & Mary Alice Welge, In memory of Frances Jarvis
- Mary Alice Welge, In memory of Mr. & Mrs William H. Welge and 1st Lt. Bruce R. Welge
- Mary Alice Welge & Family, In memory of Donald E. Welge
- Linda Butler, In memory of Tony Beckner
- Mitch & Nancy Eggemeyer, In memory of Roger Petrowske
- Joan Jones, In remembrance of Claude Hasemeyer
- William and Patty Nanney, In memory of Vada Savage
- Edward and Kim Holsapple, In memory of Verna June Bierman, Claude Holsapple, & Merlin LaRose
- Keith and Barb Kittell, In memory of Kris and Kyle Kittell
- Mike Vasquez Family, In memory of Dan & Blanche Vasquez, John & Rudelle Fulford
- Julia Wunderlich, In Loving Memory of My Husband Vernon and My Son Mark Wunderlich
- Royce & Shelly Hoops, Lauren and Alyssa, In memory of James Brockmeyer, Marie & Ervin Hoops and all of our loved ones who are no longer with us at Christmas
- Richard and Mary McDaniel, In memory of George and Ruth McDaniel
- Betty & Roland Wagner, In memory of Oscar, Frieda & Arthur Mennerich, and Alva, Olinda, & Linda Sue Wagner
- Betty Wagner, In memory of Bonnie Jones, Ruth, Harold and Charles Tiller, and Sharon Vallett
- Steven S. Sympson, In memory of Arnold E Fey
- Steven S. Sympson, In memory of My Aunt and Uncle - Terry B. Brelje and Martha E. Brelje
- Steven S. Sympson, In memory of My Cousins - Travis and Rebecca Young
- Judi Hirte, In remembrance of my parents - Ora Keith Rednour & Berniece Van Sant
- Gordon L. Holley and Barbara Ann Holley, In memory of parents Gordon V and Roseanne Holley & Charles and Lois Hirte
- Beta Nu Chapter, In memory of our departed BEØ Sisters
- Mary & Dave Verseman, In memory of Roger Petrowske and Brian Petrowske
- John Friess, In memory of Mary & Bob Friess
- Three Springs Lodge, In memory of Otto and Mabel Rowold, William O. Welge, Irene Welge and Robert Welge
- Raymond and Janice Dettmer, In loving memory of John R. Dettmer, John & Rose Leaders and Herman & Louise Dettmer
- Larry and Joyce Surman, In honor of our daughter Lori McCartney
- Don, Dixie, and Megan Brockmeyer, In loving memory of James Brockmeyer
- Randy and Barb Johnson, In loving memory of John & Jessie Guthman, Bonnie Jones, and Donna Strothmann
- Larry & Imogene McDonough, In memory of loved ones
- Mary Welge, Betty Surman, Elaine Kattenbraker & Jean Jungewaelter, In memory of Bonnie Jones
- Jean & Cliff Jungewaelter, In memory of Myrtle Schwent and Mildred Layton
- Shelby Cushman, In memory of Fran Heggemeier
- Ken & Virginia Rowold, In memory of William O., Irene & Robert C. Welge and Otto & Mabel Rowold
- Darlene Gentsch, In loving memory of my parents: Mr. & Mrs L.G. and Fleta Armes
- Beverly Bollman, In loving memory of my husband Donald Bollman
- Bob and Linda Marcinkowska, In loving memory of our daughter, Megan Marcinkowska
- Royce and Shelly Hoops, In memory of Vada Savage
- Dorothy Korando, In memory of Vada Savage
- Glen and Mary Long, In memory of all past family members.
- The Honorable Judge Richard Brown, In loving memory of Barb Brown
- The Kordys Family, In memory of Bonnie Jones
- Eric, Shelby and Erica Asselmeier, In memory of Harold L. Bierman
- Cynthia Lawder, In memory of Shelby D. Lawder
- Alpha Upsilon Master, In memory of past members
- Marvin Dudenbostel, In loving memory of his wife Shirley Dudenbostel
- The Dudenbostel Family, In loving memory of mother and grandmother Shirley Dudenbostel
- Joe & Marla Johnson and Family, In remembrance of Cole Carnahan
- Michael and Betty Welge, In memory of Mr. & Mrs. William H. Welge, 1st Lt. Bruce Welge, and Mr. Donald Welge. Mr. & Mrs. Bernie Cushman, Michael Joseph Cushman, Herbert Holzum, and Mr. & Mrs. Jerry Davitz
- Carolyn Schwent, In memory of Gary Schwent, Mike Jungewaelter, Karen Deppe, Rick Cash, Phil Fluck, Larry Costilow and Cindy Baldwin.
- "B.V. Gals", In memory of Rosie Craig, Marion Lutz and Millie Layton
- Dr. Allan and Louise Liefer, In memory of our parents: Sam and Mathilda Stermer & Elmer and Elsie Liefer
- Emily Lyons, In memory of Camille and Blasé Lyons
- Barbara Hall, In memory of M. Bruce Hall
- Robert and Brenda Owen, In remembrance of Roger & Betty Ohlau and Phil & Jane Owen
- Gary and Jeanette Welten In loving memory of Patty McAdams
- Mrs. Mardell Granger In loving memory of Ralph Granger, Frank & Emma Granger and Gottlieb & Marie Moeller
- Patricia Olson In loving memory of her Mother, Dorothy Olson
- Families of Rob Welge and Tom Welge In honor of the birthdays of Julia Ann Saak and Mary Alice Welge

To learn more about the Memorial Hospital Auxiliary or Volunteer Program, visit: www.mhchester.com/volunteer or call Apryl Bradshaw at 618-826-4581 ext. 1299.



MEMORIAL HOSPITAL'S SERVICES

| | |
|--------------------------------|--------------------------------|
| Bone Density Screening | 3D Mammography |
| Chemotherapy & Infusion Center | Nuclear Medicine |
| CT Scans | Radiology/X-Ray |
| Diabetic Resources | Same Day Surgery |
| ECG & EEG | Sleep Disorder Treatment & Lab |
| Endoscopy | Sonography/Ultrasound |
| Intensive Care Unit | Swing Bed Program |
| Lung Screening | Treadmill Stress Testing |
| MRI | Wound Center |

MEMORIAL HOSPITAL'S SPECIALTY PROVIDERS

**Bringing Specialty Clinic Doctors to you
so you don't have to travel away from home.**

| | |
|---|--|
| Allergy/Immunology Douglas Berson, M.D. | Oncology/Hematology Justin Floyd, D.O. |
| Audiology C. Joseph Hopper IV, AuD | Orthopedics Meshia Reed, PA-C |
| Cardiology John Groll, M.D. Raffi Krikorian, M.D. Gangadhar R. Malasana, M.D. | Pain Management Paul Juergens, M.D. |
| Gastroenterology Charmaine Edwards, M.D. | Podiatry Amanda Hart, DPM Neil Ermitano, DPM |
| General Surgery Ziya Baghmanli, M.D. Margret De Guzman, M.D. | Urology Sam Stokes III, M.D. Wesley Howell, PAC |
| Neurology James Goldring, M.D. | Vascular Surgery Ricardo Rao, M.D. |
| Obstetrics/Gynecology Elisabeth Beyer Nolen, M.D. Pamela Jellen, CNM | Wound Center Margret De Guzman, M.D. |

To learn more about our specialists call Memorial Hospital Specialty Clinic at (618) 826-4581 ext. 1366

Welcome New Employees

| | |
|-------------------|----------------------|
| James Boucher | Tara McCoy |
| Jeanice Brandes | Katherine Pflasterer |
| Melissa Casten | Casey Roehrkasse |
| Amy Conway | Jaime Robertson |
| Patricia Landeros | Sarah Weibrecht |
| Melissa Lyons | Haleigh Westerman |

24 HOUR EMERGENCY ROOM SERVICE



CONVENIENT CARE

HOURS:

MONDAY-SATURDAY 8AM-8PM

SUNDAY 11AM-3PM

Except Holidays

A Triage Nurse will perform an initial assessment. The Triage Nurse and/or Physician shall have final authority in determining whether the patient's medical condition qualifies them for treatment in Convenient Care.

If the patient does **NOT QUALIFY**, they will be offered Emergency care.

If the patient **DOES QUALIFY**, they will be charged for this service at a reduced rate. Any testing (lab tests, X-rays, etc.), supplies used, or medications given are at an additional cost. Additional reviews of X-ray or lab work may be necessary and will be charged separately.



JOIN OUR TEAM

- Paid PTO and Holidays
- Fitness Program
- Paid Pension
- Deferred Compensation
- Tuition Reimbursement Program
- Insurance Options: Health, Dental, Vision, & more.
- Discounted services up to 60% off for services provided by Memorial Hospital, Chester.

View current positions & apply at:
www.mhchester.com



Sign-up for an electronic newsletter at:
www.mhchester.com



1900 State Street - Chester, IL
618-826-4581